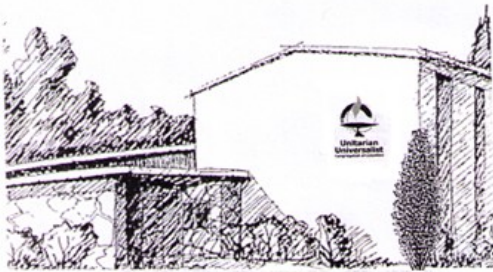




The Unigram

Newsletter of the Unitarian Universalist Congregation of Columbia, SC

November 10, 2021



2701 Heyward Street, Columbia, SC 29205
803-799-0845 • www.uucolumbia.org

Sunday Schedule

Online Forum: 9:30 am

Online Worship: 11:00 am-12:15 pm

November 14, 2021

9:30 am Forum Topic

"How much more beneficial would it be to ensure that at least one parent is able to stay at home and raise a couple's child(ren)."

11:00 am Sermon Topic

"Albert's Quantum Theory of Light"
Rev. Stephen Robinson

November 21, 2021

9:30 am Forum Topic

"What is Marxism, does it differ from Socialism, and is there a parallel to Liberalism/Progressivism"

11:00 am Sermon Topic

"Spirituality of Gratitude"
Rev. Stephen Robinson

*The Forum will meet on Sundays
in the Library and via Zoom*

Message From Our Minister

"Gaining An Hour"

Many of us had the experience a few days ago of making the shift away from Daylight Savings Time and moving the clock back an hour. For the most part, our electronic devices make that change for us, and we wake up on Sunday morning to an adjusted clock. We do have the other devices that require the manual move, which causes us to dig through our automobile's glove compartment to find the owner's manual. We can be seen looking through the information about the stereo system so that we can press the right combination of buttons to adjust the time in our automobile without restructuring everything.

When we talk about this time adjustment at this point in the year, we describe it as, "gaining an hour." That usually translates into an extra hour of sleep. As a existentialist, I am amazed at the beautiful concept of gaining an hour, or being given an extra hour. One of the foundational concepts our Existentialism is an awareness of our finitude, an awareness that we will not live forever and do not have an unlimited resource of time. This awareness creates anxiety that has the potential to help us appreciate time and life more deeply, to savor moments, and treat time as precious. So each Autumn (for now), we are given time, as we gain a precious hour.

Unigram Deadline

The deadline for the next issue is **Sunday, December 5**, for publication on **Wednesday, December 8**. *Items submitted after the deadline will not be published.* Please submit articles and announcements for the next issue to uucc@uucolumbia.org.

Continued...

One of Mary Oliver's poems, "The Summer Day," ends with the line and question, "what is it you plan to do with your one wild and precious life?" Let's ask ourselves the same question about this Autumn gift, "what is it you plan to do with your one wild and precious hour?" The crisis of a pandemic has the ability to make us completely aware of our finitude, and reevaluate our values, our habits, and the way we use our time. The grief and loss leaves us bargaining for more time for ourselves or with the ones that we love.

We have gained an hour, so may we take this opportunity an hour affords to take a break from survival mode or the busyness of our lives. Let's take deep breaths and renew our connection to ourselves and our sense of ethic and values. Let's use this hour to renew our connection in relationship to others. Let's use this hour to ground our feet in the earth and renew our connection to the web of existence all around us. Autumn provides the gift of an hour, a chance to not just adjust our clocks, but to adjust ourselves as well.

Rev. Stephen Robinson

UUCC Sunday Services Access

UUCC In-Person Sunday Services

Sunday services will be in-person and live-streamed for those who are not able to attend in person.

- Everyone 2 and over is required to wear a facemask at all times.
- The Heyward and kitchen doors will be closed Sunday. Please use the main or patio doors for entry.
- No food indoors.
- Water is allowed in a covered container.

Sunday Services- Instructions for joining us virtually:

If you cannot or prefer not to join us in person, we have two ways for you to still be with us. Decide on which way and then see information below for access.

A. Zoom interaction before and after streamed service:

For attendees who would like the opportunity to interact with others attending the virtual service, we have created a Zoom event that opens each Sunday at 10:30 a.m. and will stay open until approximately 30 minutes after the service ends. If you wish, you may log out of the Zoom event and directly access the service on YouTube (see B-2 below).

Zoom log in for pre and post service: <https://zoom.us/j/95571103221>

Meeting ID 955 7110 3221 Phone number for audio only: 312 626 6799

B. Streaming service only

1. Open the browser on your Internet-connected device (computer, laptop, smartphone).
2. Click on this link https://www.youtube.com/playlist?list=PLMjepgcaZx8UMNn2Gb_nxX35q4bfVyUM or paste it In the search bar, hit ENTER:
3. After 10:45, click on the video "Sunday Service Service Date"
4. Watch the service being streamed from the UUCC sanctuary

Order of Service Now Available On Your Phone!

We have an exciting new option rolling out! You will now be able to access our weekly Order of Service on our website through scanning a QR code with your phone, visiting bit.ly/UUCC-OOS, or finding it as the last dropdown under Worship on our website. You've used QR codes to access menus at restaurants. Now use it each Sunday to get your OOS! This also means that if you want to refer to the OOS after you are at home, or if you are watching the service online - you will be able to view the OOS at your leisure. I hope you will help make this a success so we can save paper, time and have less things that need to be touched each Sunday. The same link will work every Sunday. Here is the QR code so you can try it now. Just use the camera on your phone to focus on the code and an option to open the link should come up. Click on that popup and you're there!





November is The Unitarian Universalist Service Committee “Guest at Your Table” Month

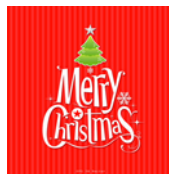
Once again, we are unable to enjoy the opportunity to share in our memorable UUSC Guest at Your Table potluck gatherings. We are thankful however that this year we can enjoy in-person services to hear from our members as they share about current projects of UUSC. The baskets that were placed on our potluck tables in the past will be our regular baskets used during offering time to include your usual generous UUSC-GAYT donations. Please make your check payable to UUSC indicating “UUSC-GAYT” on the memo line using the envelope provided at your seat. Gifts can also be given on our UUSC Website at the DONATE bar or by sending a check to the church office at 2701 Heyward Street indicating “UUSC-GAYT” on the memo line.

The Unitarian Universalist Service Committee (UUSC) is a nonprofit, nonsectarian organization advancing human rights together with an international community of grassroots partners and advocates. They focus their work on intersecting roots of injustice to defend rights at risk due to criminalization and systemic oppression of people based on their identity. They support self-determination and defend the rights of people displaced due to climate, conflict, or economic hardships; and they respond to humanitarian crises as partners with people whose access to aid is most limited. You can also check their website: <https://www.uusc.org/resources/congregations/guest-at-your-table/> to learn all that they do on behalf of Social Justice in our world.



Families Helping Families is Back This Year!

Look for our holiday tree in the social hall starting Sunday, November 14. These gifts sponsor two in-need families through the *Palmetto Project*. The families they serve are referred by social service organizations as having special needs beyond their staff's ability to help. Find out more at FHFMidlands.org. People are encouraged to team up to cover the costs of the larger requests. Select tag and buy gift and wrap it. Attach tag to outside of gift. Return the **wrapped gift** with a **gift receipt** and the tag attached by **Noon on Sunday, December 5**. Questions? Contact socialaction@uucolumbia.org.



Partner Church Christmas Cards

The Christmas cards written with kindness by members of UUSC are in route as we speak to their destination in Transylvania. To double our chances of them arriving at their destination, we divided the cards into two mailing packets! The great joy that these will bring, accompanied as they will be by Christmas parcels packaged by Zsolt, bought with funds sent by us, is hard to convey to you all. Sometimes Zsolt successfully gets students to help him make up these packages, for each and every Beszterce Church member. Their partnership with us means more than you can imagine. And if they had to choose, it is the cards with our personal greeting that mean the most.

News and Notes

Now Showing "Pandemic Art" 2020-2021

This exhibit by UUCC members and friends highlights and honors the effort to continue a creative practice during the time of upheaval and social isolation. The buyer should make payment directly to the artist rather than through UUCC.

UUCC Choir Rehearsals Move to Hybrid Scheduling

You are invited to sing! The UUCC Adult Choir will continue rehearsing on Zoom Thursdays, 6:00-6:45pm. In-person rehearsals will resume with a varied schedule for the remainder of 2021. All in-person rehearsals will require social distancing and masks. Join us this Sunday, Nov. 14, 9:15 - 10:15 AM outside on the UUCC patio for our first in-person rehearsal. All are welcome and no experience is necessary. Contact Anna Hamilton to be added to the UUCC Choir e-mail list for detailed information and access to virtual rehearsal links: music@uucolumbia.org.

Re-scattering of Ashes for Verona Thomas, November 14, 1:00pm

Verona Thomas was an active member of UUCC for several years. She died on November 7, 2006, and her ashes were scattered in what used to be the "Raised Bed" because we did not have our Memorial Garden at that time. We have saved some earth from the raised bed as a symbolic memory of Verona and will be having a "Re-scattering Service" in our Memorial Garden on November 14 at 1:00pm. She will also have a name plate included on the garden wall. We still have members that knew Verona and we are hoping you will all attend this service. Even if you didn't know her, we encourage you to be a part of this remembrance as we symbolically move her ashes to the Memorial Garden.

Sound Out! An Outdoor Music Performance Featuring UUCC Musicians Saturday, November 20, 4:00pm

Join us outdoors on the UUCC patio on Saturday, November 20, 4:00-5:00pm for a special musical performance! The event will feature UUCC music director, Anna Hamilton, and UUCC musicians Karen Peters and David Roof. Seating will be socially distanced and masks are encouraged.

UUCC Book Club Sunday, November 21, 6:30pm

Phil Turner will facilitate a discussion of *The Poet of Tolstoy Park*, by Sonny Brewer. There will not be a meeting in December. The UUCC Book Club is open to all members and friends. Contact Phil Turner if you have questions or would like more information: philturner2009@gmail.com

Social Action Meeting, November 28

The Social Action Committee will meet in person 15 minutes after the end of the UUCC service in the Sanctuary observing indoor Covid protocols. We will stream the event as well. Questions? Contact Kevin McKinney or Connie Quirk at socialaction@uucolumbia.org.

Ladies LUUnch BUUnch, December 7

We had 16 "Ladies at Lunch" enjoying another outdoor gathering on the patio. We brought our own lunches and filled 3 tables under the shade of the trees. We are hoping to repeat this successful event on December 7 at noon, weather permitting. If the forecast is not agreeable we will have a backup plan of reservations at Arabesque on Devine Street. We are allowed a private dining room there so should feel reasonably safe. Watch for more information in the weekly events (eblast) and Order of Service. Please mark your calendar and email Linda McLeod at kitchen@uucolumbia.org to count you in so we know how many to plan on. You won't want to miss out on this good time together.

Virtual Buddhist Meditation, Mondays

The Buddhist Insight Meditation Community of Columbia, a UUCC rental, which had met in the Library, now meets on Zoom, Mondays 7:00-8:15pm. All are welcome. Please contact Jessica Kross, jkross943@gmail.com for access information.

Virtual Story Circle, Wednesdays 10am

Story Circle will continue on Wednesdays from 10:00-11:00 a.m. All welcome. Questions? Call Barbara Bates Smith at [828-421-7685](tel:828-421-7685).

UUCC Men's Breakfast Group 2nd Thursdays

The UUCC men's breakfast group meets at a local restaurant or member's home at 9:00 a.m. on the second Thursday of each month. If you are interested, please contact Phil Turner for more information: philturner2009@gmail.com

Need Publicity For UUCC Events?

If you are hosting a UUCC committee event that you would like advertised through our social networks, please email Laura Hartwig at publicity@uucolumbia.org with the details. Be sure to follow us so you don't miss out! [Facebook](#) [Instagram](#) [YouTube](#) [Twitter](#)

November Share the Plate Recipient: Meals on Wheels

Half of our cash collection in November goes to Meals on Wheels, which delivers hot nutritious meals to elderly, frail, and home-bound individuals. Meals are delivered with a smile by a caring volunteer five days a week. Individuals receiving Meals on Wheels are primarily the elderly in our community who cannot maintain an adequate, healthy diet, either because of transportation or financial constraints. South Carolina ranked #8 in the nation for seniors with food insecurity. The representatives will be Beth Struble today, and Anne Shissias on November 28.

If sending a check please write “Share the Plate” in the memo line or you can give by either going to our website, uucolumbia.org, and clicking on the ‘donate’ bar at the top of the page, or entering “abundant.co/uucc/give” in your browser. Please be sure to select “Share the Plate.”

Sunday Flowers Program

Would you like to share your flowers for our Sunday service in recognition of a birthday, anniversary, or a special memory? You will provide your own floral arrangement. Just let us know the date you would like to place flowers in the sanctuary by sending an email to the Worship Committee at worshipchair@uucolumbia.org. Please include your name, phone number, and the date you would like to bring your flowers. You will be contacted to confirm the date and details.



UUC Accepts Contributions Electronically

Please note that your online contributions are not posted to the UUC account until the second business day after you make them. You may give by either going to our website, uucolumbia.org, and clicking on the ‘donate’ bar at the top of the page, or entering “abundant.co/uucc/give” in your browser.

If you should have any questions or need help, please contact our Administrator, Andrea Dudick, at uucc@uucolumbia.org or 803-799-0845 Thank you for your generosity.

Recordings of Sermons on Website

Please go to our website (uucolumbia.org) and look on the right-hand side of the Home Page. Select the Service Archive link and scroll down to the sermon you’d like to see. When on that page, simply select the play button, sit back and enjoy the sermon.

UUC Music on YouTube!

You are invited to visit the UUC Music Coordinator's YouTube page to view and listen to music from services and performances from our talented UUC Musicians.: [UUC Music](#)

Patio Door Locks Have Changed

To allow easier locking and unlocking of the patio doors we have installed deadbolt locks on one side of each set of the double doors. This means that only one side of each set will open. To lock the doors, engage the dead bolt lock on each set of doors. To unlock these two doors when inside, turn the deadbolts and open the doors. Any questions should be directed to bandgchair@uucolumbia.org.

Social Action

Please Donate to the Winter Shelter

The Social Action Committee is again soliciting donations of lightly used clothing - especially hats, gloves and coats - shoes, current magazines and unused personal-sized toiletries for the Inclement Weather Center, the “winter shelter” for Columbia’s homeless.

You may place your donations in the container in the Social Hall. The shelter, managed by Transitions, is open from November 1 to April 1 when the temperature falls below 40F. Last season, over 100 adults used the facility each night it was open. Please contact Tom Clements (tomclements329@cs.com, cell 803-240-7268) with any questions.

Harvest Hope Food Donations Needed

Now that we are back to in-person Sunday services we can again support the good work that Harvest Hope is doing to feed hungry people in the Midlands. Please bring your donations, such as any canned food items; rice; pasta; disposable baby diapers. **Do NOT bring expired food, opened items, glass containers, or fresh produce.** The Harvest Hope grocery cart can be found under the windows in the social hall.

Feeding the Hungry at Transitions

Transitions continues to need volunteers to serve meals and other opportunities. Because of social distancing, they request that you sign up for a shift rather than show up. Contact Transitions at 803-708-4861 or click [HERE](#) to find out more about volunteering and support opportunities.

Harvest Hope Food Bank Volunteers Needed

As always, please make sure to take your own safety into consideration first before volunteering. [You can sign up for all volunteer shifts here.](#)

Please see the weekly Thursday eblasts for more Social Action events.

Check our website for new events posted almost daily:

bit.ly/social-action

Membership Matters

November 10, 2021



Hot Off the Press! **Visitor Orientation – December 12!** We will meet in the Sanctuary approximately 15 minutes after the end of the service. Come, meet our minister and hear more about Unitarian Universalism and the UUC. We would love to meet you. Orientation lasts approximately 45 minutes. Snacks and conversation can be enjoyed afterwards on the patio (weather permitting). Contact me by email (membership@uucolumbia.org) for information and updates.

Membership is open to those 18 years of age or older. If you'd like to know more about membership at UUC, talk with any member of the Membership Committee on any Sunday or email membership@uucolumbia.org. We're easy to find. Look for the red "Ask Me" ribbons on our nametags. Keitha Whitaker, Membership Chair

Our seventh principle reminds us of the importance of *respect for the interdependent web of existence of which we are a part*. Please enjoy this month's poem, a reflection on that principle.

One Strand

Our Earth Mother cries out to us,
What are you thinking?
Did you think everything was meant for you?
Use it up; it'll always come back?
No! It's slipping through your fingers
No matter how you clutch and grab!

And what of my *splendid poison frog*?
My Jalpa false brook salamander?
My Bonin pipistrelle bat?
My Spined dwarf mantis and more?
Yes, I'd left them in your hands for care!
All GONE in TwentyTwenty.

There is no starting over;
Only going on from here
With little time to patch the pieces
Of torn fabric and loosed strands
Of the web that I once gifted you;
One web, beautifully crafted . . .
You are only **one** strand.

© Keitha Whitaker, March 9, 2021
earthling, (pronouns) she, her, hers

Denominational Connections

Toolbox Webinar Series 2021-2022

Toolbox webinars are compact and efficient one-time training sessions that support congregations and congregational leadership. These webinars are conducted live, monthly on the second Tuesday (with occasional fourth Tuesday sessions), each lasting 90 minutes. Learn more and register here:

<https://uua.wufoo.com/forms/southern-region-20212022-toolbox-webinars/>

November 23: *Dismantling White Supremacy Culture with your Covenant* - With Southern Region Staff Members Cameron Young, Lillian Drab-Braddick, and Lead Natalie Briscoe, with special guest Christine Purcell, Congregational Life Transitions Manager. As seen at the New Day Rising Conference in February, this workshop helps congregations uproot the white supremacy culture inherent in their covenants and their covenant -building processes. Practical tools will be given for creating covenants that dismantle rather than uphold white supremacy culture.

January 11: *Shared Ministry* - With Southern Region Staff Members Lillian Drab-Braddick and Rev. Tyler Coles. Shared Ministry is the ways in which the church leadership - professional and lay, volunteer and paid - work together to co-create Unitarian Universalism with the congregation and move the community into its missional priorities. This toolbox webinar will explore the relationships and responsibilities that we must build to have successful shared ministry in our congregations.

8th Principle Background

Follow these links for more information:

Current statement from the UUA Article 2 Study Commission: <https://www.uua.org/uuagovernance/committees/article-ii-study-commission/blog/8thprinciple-0>

An overview from the New England Region <https://www.uua.org/new-england/blog/reforming-and-transforming>

An overview from the UU Congregation of Fairfax, VA <https://uucf.org/8th-principle/>

Chalice Lighters Background

The original Chalice Lighter program began in 1984 as a way for individuals to extend our faith by making a donation of \$10 or more for three calls per year. Chalice Lighter calls are crowd-funded contributions given by committed Unitarian Universalist "Chalice Lighters" and Southern Region congregations. Anyone can become a Chalice Lighter — just join our Chalice Lighter email list and respond with a contribution when a call goes out.

Sign up to become a Chalice Lighter!

[UUA Southern Region Chalice Lighter Enrollment Form \(google.com\)](#)

Bob Whitaker, Chair, DenomConn@uucolumbia.org

COMMITTEE CHAIRS & BOARD LIAISONS 2020/2021

Committee/Chair Email	Chair/Board Liaison
Adult Religious Education <i>AdultREChair@uucolumbia.org</i>	Angie Dodd Rabon/ <i>Jean Capalbo</i>
Animal Ministry <i>anitaj48@aol.com</i>	Anita Grossman/Subcommittee
Building and Grounds <i>BandGChair@uucolumbia.org</i>	Linda McLeod/ <i>Linda Brennison</i>
Caring and Hospitality <i>CaringChair@uucolumbia.org</i>	Jane Lawther & Cheryl Soehl/ <i>Tiffany Rushton</i>
CYRE <i>REChair@uucolumbia.org</i>	Karen Brown/Jonathan White
Denominational Connections <i>denomconn@uucolumbia.org</i>	Bob Whitaker/ <i>Deb Matherly</i>
Endowment <i>philip.turner@unt.edu</i>	Joe Long/ <i>TBA</i>
Finance <i>FinanceChair@uucolumbia.org</i>	Linda Brennison/ <i>Ginny Verne</i>
Green Sanctuary <i>kdmsooboy@gmail.com</i>	Caroline Eastman/ <i>Deb Matherly</i>
Kitchen Committee <i>bonneylass44@gmail.com</i>	Connie Quirk & Linda McLeod/Subcommittee
Leadership Development <i>leaderdev@uucolumbia.org</i>	TBA
Membership <i>Membership@uucolumbia.org</i>	Keitha Whitaker/ <i>Jonathan White</i>
The Mountain <i>Joan.l.watterson@icloud.com</i>	Joan Watterson/Subcommittee
Personnel <i>PersonnelChair@uucolumbia.org</i>	JP Flood
Social Action <i>SocialActionChair@uucolumbia.org</i>	Kevin McKinney & Connie Quirk/ <i>TBA</i>
Technology Services <i>tsc@uucolumbia.org</i>	David Roof/ <i>TBA</i>
Worship <i>WorshipChair@uucolumbia.org</i>	Richard McLeod/ <i>Emilio Perez</i>

Meetings & Rentals

Art For All Group	Cancelled	7:00 pm	
Board Meeting	Wednesday, November 17	6:30 pm	Online Meeting
Chair Yoga	On Hiatus		
Children & Youth RE Committee	Tuesday, November 16	7:00 pm	Online Meeting
Choir - UUCC Rehearsal	Thursdays	6-6:45pm	Online Meeting
Choir – Prism (women)	Cancelled	6:30 pm	
Choir - Encore (men)	Cancelled	9:30 am	
Christian Heritage	TBA	Noon	
CUUP's, Gaia's Rising	Cancelled	7:30 pm	
Funeral Consumers Alliance	Cancelled	5:30 pm	
Forum	Sundays	9:30 am	Library & Zoom
Green Team	Sunday, November 21	12:15 pm	Sanctuary & Zoom
Knit or Not	Cancelled	2:00 pm	
Membership Committee	TBA	2:00 pm	Online Meeting
Visitor Orientation	TBA	11:45 pm	Online Meeting
Science & Religion	Cancelled	7:00 pm	
September Set	Cancelled	Noon	
Social Action Committee	Sunday, November 28	1:00 pm	Online Meeting
Technology Committee	TBA	6:00 pm	
UU Animal Ministry	TBA	5:00 pm	
UU Book Club	Sunday, November 21	6:30 pm	Online Meeting
UU Humanist	TBA	7:00 pm	
UU Partner Church Committee	TBA	12:30 pm	
Women's Book Club	TBA	7:00 pm	
Rentals			
La Leche League	Cancelled	6-8pm	
Tai Chi 803-772-9557 columbia.sc@taoist.org	Cancelled	6:30 pm	
Buddhist Insight Meditation	Mondays	7:00 pm	Online Meeting
Men's AA I	Cancelled	6:30 pm	
Women's AA I	Cancelled	6:30 pm	
Men's AA II	Cancelled	5:00 pm	

The Seven Principles of Unitarian Universalism

Grateful for the religious pluralism that enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. We covenant to affirm and promote:

1. The inherent worth and dignity of every person
2. Justice, equity, and compassion in human relationships
3. Acceptance of one another and encouragement of spiritual growth in our congregations
4. A free and responsible search for truth and meaning
5. The right of conscience and the use of the democratic process within our congregations and society at large
6. The goal of world community with peace, liberty, and justice for all
7. Respect for the interdependent web of existence of which we are a part

If these principles reflect your understanding of the world and appeal to your sense of spiritual fulfillment, we invite you to consider membership in the Unitarian Universalist Congregation of Columbia. If you would like to discuss membership or if you would simply like more information, please speak to any member of the Membership Committee or of the Board of Trustees.

UUC Board of Trustees

President, Pat Mohr	<i>president@uucolumbia.org</i>
President Elect, Deb Matherly	<i>president-elect@uucolumbia.org</i>
Treasurer, Ginny Verne	<i>treasurer@uucolumbia.org</i>
Secretary, Beth Ann Rocheleau	<i>secretary@uucolumbia.org</i>
Members at Large: Jean Capalbo, Caroline Eastman, Emilio Perez-Jorge, Tiffany Rushton, Jonathan White	
Past President, Rev. Rod Brown, ex officio	<i>pastpresident@uucolumbia.org</i>
Finance Chair, Linda Brennon, ex officio	<i>financechair@uucolumbia.org</i>

UUC Staff

Minister	Rev. Stephen Robinson, <i>revstephen@uucolumbia.org</i>
Administrator	Andrea Dudick, <i>uucc@uucolumbia.org</i>
Director of Religious Exploration	Scott Sargent, <i>dre@uucolumbia.org</i>
Bookkeeper	Michele Currie, <i>bookkeeper@uucolumbia.org</i>
Music Director	Anna Hamilton, <i>music@uucolumbia.org</i>
Sexton	Bill Dolley, <i>uucc@uucolumbia.org</i>
RE Youth Ministries Assistant	Mckenzie Scott, <i>reassist@uucolumbia.org</i>

Address: 2701 Heyward St, Columbia, SC 29205

Phone — Office (803) 799-0845

Office Hours — Mon.– Fri. 6:00 am – 12:00 pm

Help us update our mailing list: To delete or change your address, email *uucc@uucolumbia.org*

Like us on Facebook: *www.facebook.com/uucolumbia*

Website: *www.uucolumbia.org*

